

一 步 一 步

野餐

yě cān



Nutrition
Phase
Stage

Nutrition Story 2

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English

Picnic

Tomorrow is Saturday. The children don't have school and I don't have work.

Let's go to the forest to hike and have a picnic, okay?

Great! Children, what do you want to eat?

I know Dad likes to eat chicken sandwiches.

I know Mom likes to eat fruit salad.

You all like to drink fruit juice.

I want to eat cake and ice cream.

But tomorrow the weather will be a little hot. How do we carry ice cream on our hike?

I don't know. I only know I love to eat ice cream.

After we hike we can buy ice cream in the park.

Good. We'll buy ice cream in the park.

Dad, Mom, today's picnic is so much fun.

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明天是星期六，孩子们不用
上学，我也不用工作。

gōng zuò



我们去森林爬山和野餐，好不好？



好啊！孩子们，你们要吃
什么？

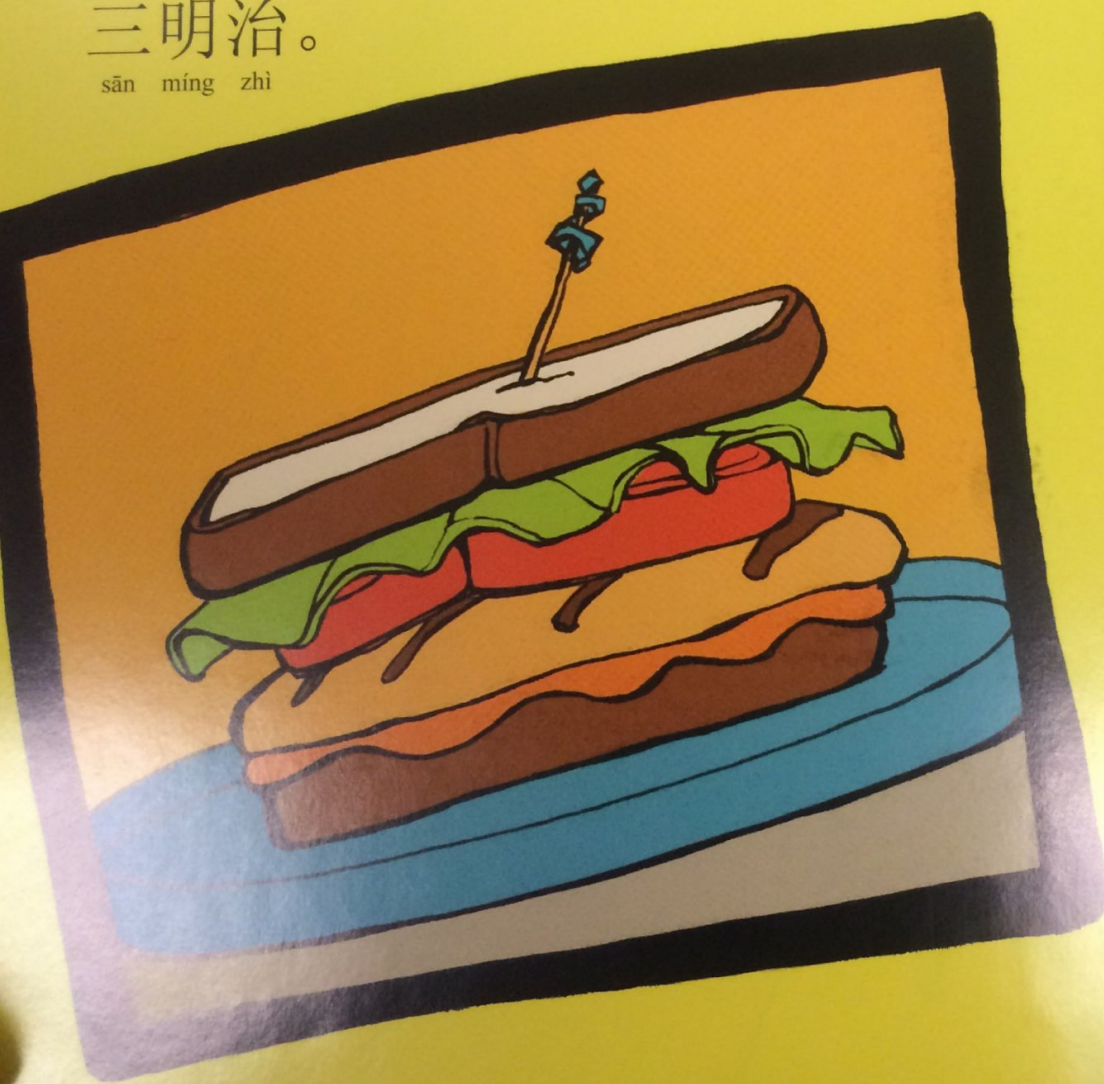


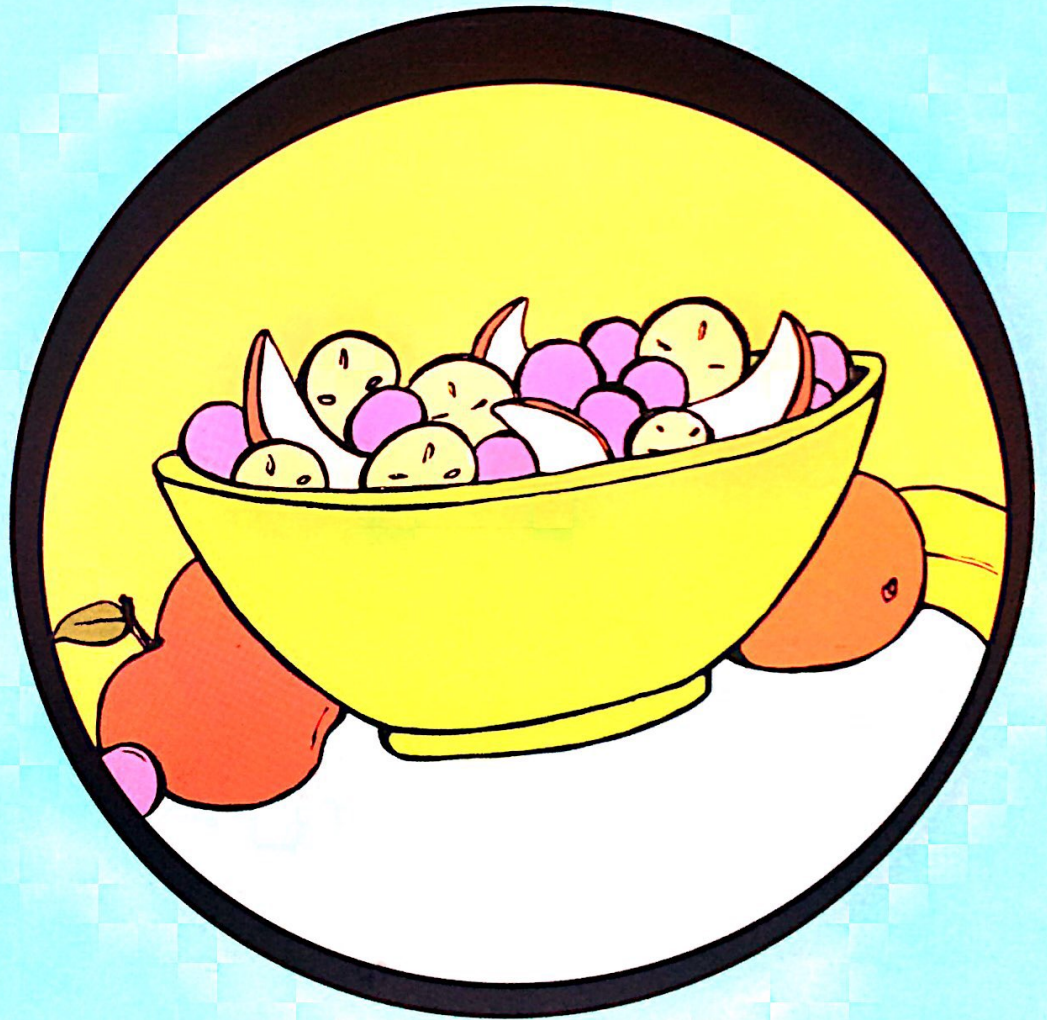
我知道爸爸喜欢吃鸡肉

jī ròu

三明治。

sān míng zhì





我知道妈妈喜欢吃水果沙拉。

你们都喜欢
喝果汁。



我要吃蛋糕和冰淇淋。

bīng qí lín



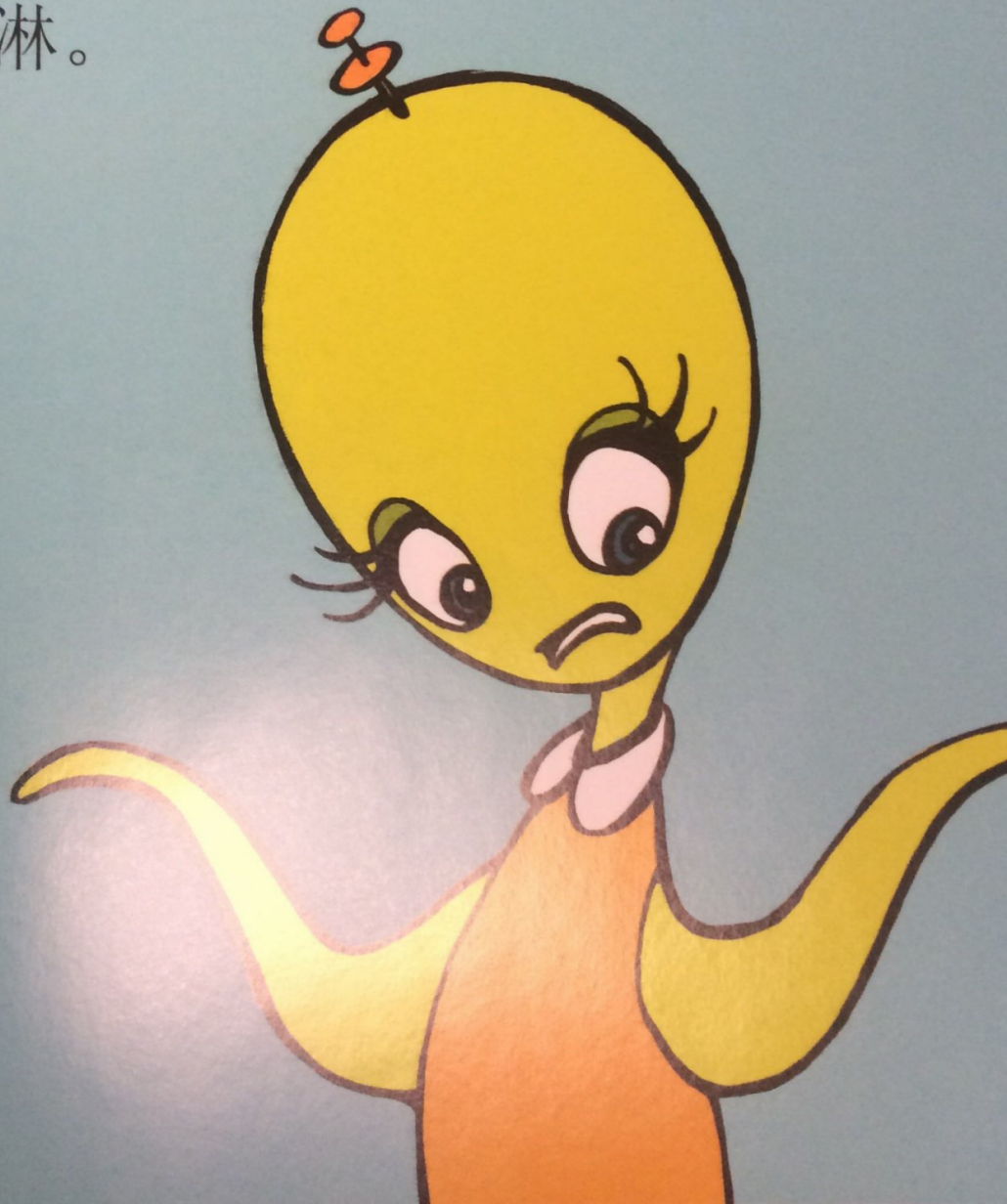
可是，明天天气会有一点热。

tiān qì yǒu yì diǎn rè

我们爬山的时候要怎么带冰淇淋呢？



不知道，我只知道
我爱吃冰淇淋。



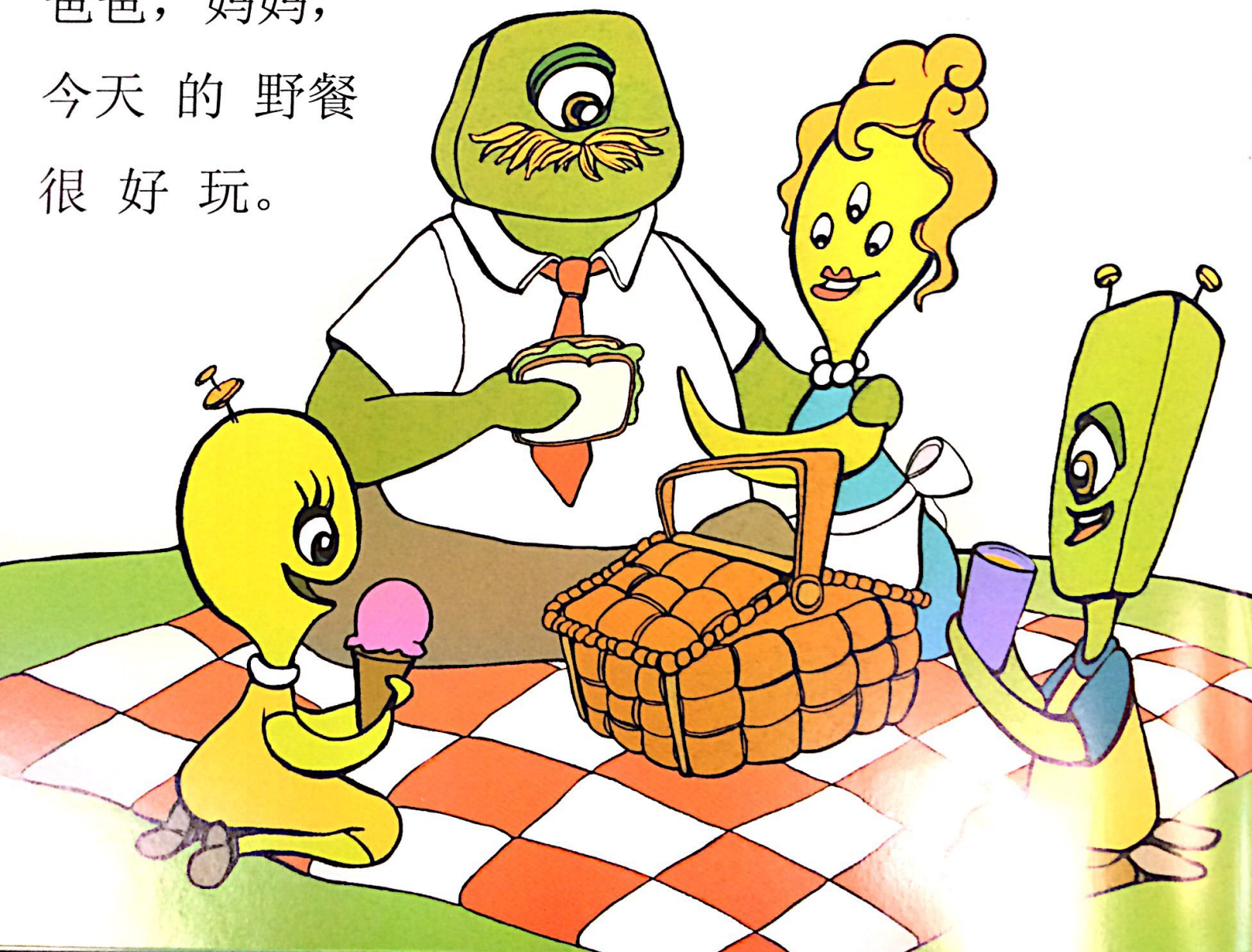
我们爬山后可以在公园里买冰淇淋。



好，我们在公园
买冰淇淋！



爸爸，妈妈，
今天的野餐
很好玩。



WORDS

野餐
yě cān

.....

picnic

冰淇淋
bīng qí lín

.....

ice cream

工作
gōng zuò

.....

work

天气
tiān qì

.....

weather

鸡肉
jī ròu

.....

chicken meat

有一点
yǒu yì diǎn

.....

a little

三明治
sān míng zhì

.....

sandwich

热
rè

.....

hot
